DaHome Safety



# *Info sheet:*
# *Wearing gloves*

At DaHome, your safety is an absolute priority.

To ensure your protection, as well as hygiene and safety during your assignments, your clients are required to provide work gloves for you.

These gloves protect your hands from contact with water and cleaning products, so we strongly recommend using them.

## 1. Why wear gloves?

Wearing gloves is important for more than one reason, as they:

- Protect the skin from products and moisture.
- Limit contact with dirt.
- Reduce the risk of irritation.
- Improve hygiene while working.

Depending on the type of task, you should use either disposable or reusable gloves.

| Disposable gloves | Reusable gloves |
|---|---|
| Contact with food | Contact with cleaning products |
| Contact with dirty laundry | Cleaning of bathrooms and toilets |

## 2. Disposable gloves

**How to put them on**

First, wash and disinfect your hands thoroughly. Then check that the gloves are intact. Finally, put them on when your hands are dry.

**How to take them off**




Pinch the outside of one glove at the wrist, without touching your skin.




Peel the glove off, turning it inside out.




Scrunch the glove into a ball and hold it in your other (gloved) hand.




Slide your index finger under the edge of the remaining glove (on the inside).




Peel it off from the inside, turning it inside out.




Form a pouch with the glove so that both gloves end up inside it.




Dispose of the gloves in a designated waste bag.




Disinfect your hands immediately after removing the gloves.

## 3. Using reusable gloves correctly

- ✓ Check that the size fits your hand (neither too big nor too small).
- ✓ The cuff must cover the wrist.
- ✓ Check that there are no holes or cracks. If the gloves are worn, have them replaced.
- ✓ The gloves must carry the CE marking, which certifies their compliance.



### How to take off your reusable gloves

1. Grasp one glove at the fingertips.
2. Gently pull the glove off by sliding your hand straight out of it (without turning it inside out).
3. Do the same with the other hand.
4. Hang the gloves with the opening facing downward so the inside can air out properly.

## 4. Cleaning and maintaining reusable gloves

Washing your gloves before taking them off significantly reduces the risk of contamination. To preserve their protective properties and ensure safe handling, follow these steps:

1. **Wash the gloves with soap and water before removing them**, to eliminate dirt, chemicals, or micro-organisms on their surface.
2. **Remove the gloves carefully**, avoiding any contact between your bare hands and the outside of the gloves.
3. **Rinse the gloves and let them dry completely**, to remove soap residue and prevent moisture, which can damage the material.
4. **Store the gloves in a clean, dry place** to preserve their protective properties.
5. **Wash your hands after removing the gloves** to ensure good hygiene.

**What not to do:**

- Do not share personal gloves.
- Do not use them if they are punctured or heavily worn. Throw away damaged gloves.

**REMINDER: Clean, properly used, and well-maintained gloves = greater safety and better hygiene.**

**If in doubt, ask your JobCenter.**