

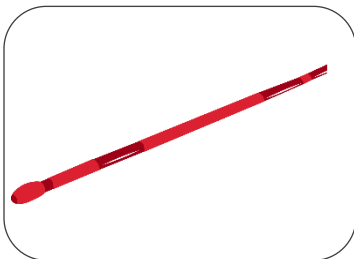


Instruction sheet: **Work Equipment for the Housekeeper**

In this sheet, you will find information about the ideal equipment for your household help to use, as well as the correct way to use it.

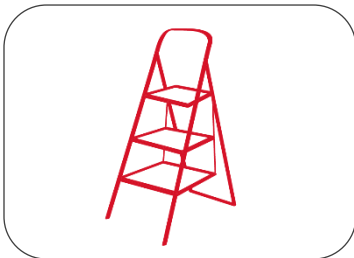
1. Working at height

Unfortunately, falling from a step ladder is one of the most common causes of workplace accidents, often resulting in serious injuries. While using a step ladder for cleaning purposes can be convenient for accessing higher areas, safety should be the top priority. Therefore, the use of telescopic work equipment is recommended. The extendable feature allows the housekeeper to adjust the length of the handle according to the specific cleaning task, thus avoiding the need to work on a step ladder.



Telescopic handle

A telescopic handle can contribute to more efficient and safer cleaning, reducing physical strain and providing better access to hard-to-reach areas. Telescopic handles are often compatible with various cleaning accessories, such as brushes, mops, or window squeegees.



Stepladder (Norm en-131)

- Maximum of 3 steps.
- Anti-slip on steps and legs.
- Support bracket to ensure 3 points of contact at all times.

Caution! Prohibited for use when cleaning windows.

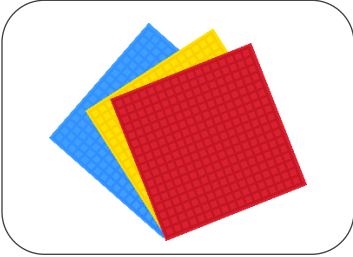
2. Dusting (furniture, floors and other surfaces)



Dustpan



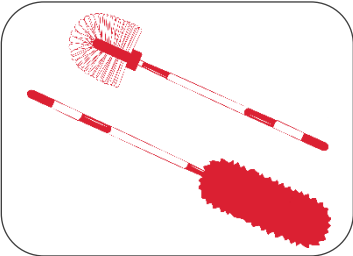
Tip: Use a dustpan with a long handle.



Microfiber cloths



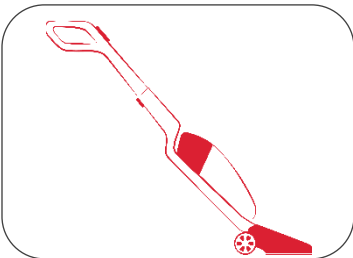
Tip: Provide enough supply of dusting cloths in various colours to indicate specific uses.



Duster and Cobweb Duster



Tip: Provide a duster/cobweb duster with an extendable telescopic handle.



Vacuum Cleaner



Tip: Choose a light and compact vacuum cleaner with a telescopic handle.

- The vacuum cleaner must not exceed 85 dB of noise.
- Your household help may not vacuum for more than one hour within a 4-hour period.

Caution! It is preferable to vacuum the stairs using a cordless vacuum cleaner or a Swiffer.



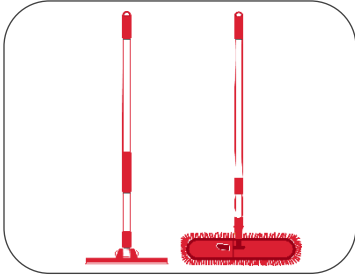
Brush



Tip: Provide a telescopic handle for the brush.

Telescopic handles are often compatible with various cleaning accessories, such as brushes, mops, or window squeegees. This makes them versatile for different cleaning tasks and allows for the execution of multiple tasks with a single tool.

3. Cleaning the floor with water

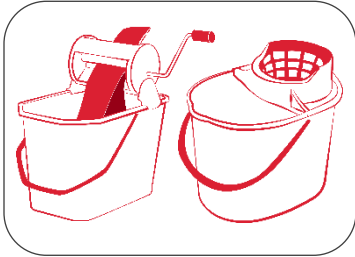


Squeegee, mop or microfiber



Tip: Provide a telescopic handle.

Telescopic handles are often compatible with various cleaning accessories, such as brushes, mops, or window squeegees. This makes them versatile for different cleaning tasks and allows for the execution of multiple tasks with a single tool.



Large bucket (10L)



Tip: Provide a bucket with a wringer.

Advise your housekeeper to bend their knees when lifting the bucket.

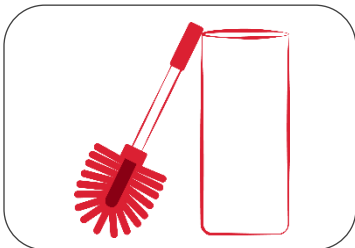


Small bucket (5L)



Tip: Advise your housekeeper to bend their knees when lifting the bucket

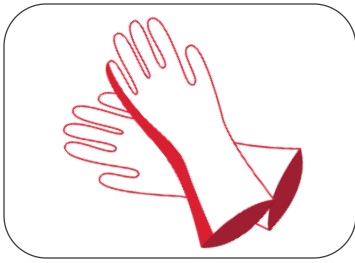
4. Cleaning the bathroom



Toiletbrush

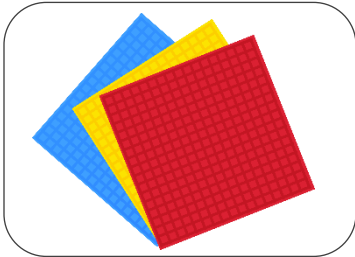


Shower squeegee



Reusable and/or disposable gloves

5. Cleaning windows and mirrors



Microfiber cloth and drying towel specifically for windows



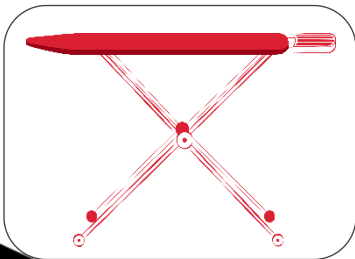
Squeegee

6. Ironing



A laundry bag

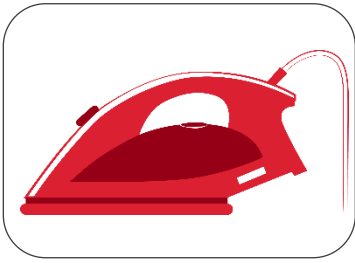
This will make it easier to carry laundry, for example up the stairs.



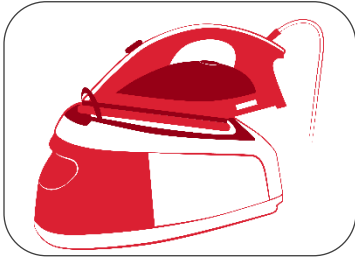
Ironboard



Tip: Provide an adjustable ironing board.



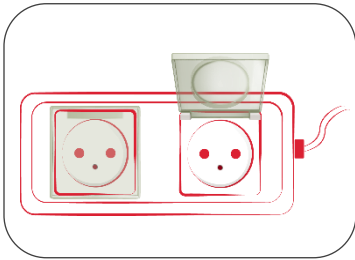
Iron



Iron with a reservoir



Tip: Provide an iron with a locking system.



Extension cord



Tip: Provide an extension cord that is splash-resistant.

7. First Aid



First aid kit



Tip: Show your household help where your first aid kit is located. Remember to add an antiseptic ointment to your first aid kit for the treatment of superficial burns and wounds at risk of infection (Flamazine, Flamigel, ...).

8. Cleaning agents



Cleaning Products



Tip: Refer to the information sheet to select cleaning products that pose no danger to your housekeeper.
