



Beware of falling on the floor

Almost 20% of all workplace accidents in Belgium are due to falling. That is why we would like to give you an insight into some of the risks:

The biggest causes:

1. Tripping

- Objects lying around such as toys and shoes.
- Blocked passages
- Insufficient lighting
- An uneven surface with e.g. loose tiles or a difference in height
- Pets
- Carpets with curled-up edges
- Electrical cords'
- Wrong shoes or loose laces

2. Slipping

- A polished or wet floor
- A slippery bath or shower room
- Small carpets that slide easily



The biggest risks

1. Wet or uneven floor
2. Smooth or loose carpets
3. Weather conditions (e.g. ice, snow)
4. Insufficient lighting
5. Loose cables or objects lying around
6. Clutter (e.g. boxes, paper, rubbish)
7. Distractions (e.g. reading, mobile phone)
8. Unsuitable shoes

Possible consequences

1. Injuries

- Scrapes
- Bruises
- Sprains
- Fractures
- Internal bleeding

2. Further complications

- Absence for a short or longer duration
- Permanent injuries



Prevention measures

CLIENT	HOUSEKEEPER
<p>Keep it tidy.</p>	
<ul style="list-style-type: none">• Clear away objects lying around (toys, shoes, clothes ...)• Put everything in its place. The terrace, garden and garage should also be tidy.	<ul style="list-style-type: none">• Clean up any spills immediately.• Ensure that passages are and remain unobstructed while you are working.
<p>Keep passages clear.</p>	
<ul style="list-style-type: none">• Do not leave shoes in front of doorways.• Take pets to a safe place.• Always provide sufficient lighting	<ul style="list-style-type: none">• Do not leave your equipment lying around and clean up everything immediately after use.
<p>Wear appropriate footwear</p>	
<ul style="list-style-type: none">• The housekeeper must wear her Safety shoes while working.	<ul style="list-style-type: none">• No loose laces!• Do not walk around in your socks or stockings.• Wear the safety shoes you were given in the JobCenter.
<p>Be attentive to the floor.</p>	
<ul style="list-style-type: none">• Maintain floors, carpets and stairs regularly so that they do not become loose and can pose a risk.• Inform your housekeeper of known risks in your home.	<ul style="list-style-type: none">• Watch out for cables, an uneven surface, loose tiles, carpets ...• Do not step on freshly polished floors that are still wet.
<p>Take into account weather conditions</p>	
<ul style="list-style-type: none">• Provide a carpet where your housekeeper can wipe their feet in wet weather.• Always make passages free of ice and snow.	<ul style="list-style-type: none">• Be extra careful in wet weather. Dry your shoes well when entering the house to prevent them from slipping.