

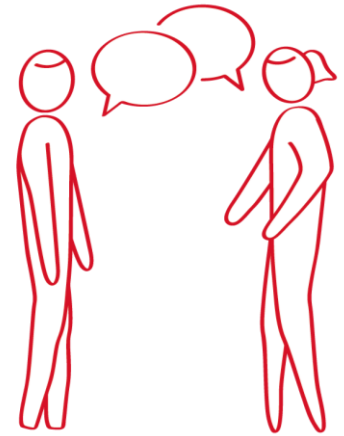


Working in a Smoke-Free Environment: Preventing Passive Smoking

Your home = My workplace

Everyone has the right to a **healthy workplace**. Since 2006, smoking is no longer allowed at work. Thanks to the smoking ban, people can perform their jobs without inhaling tobacco smoke. But what about housekeepers who work in the homes of smokers? The smoking ban does not apply here. However, you also have the right to a smoke-free workplace.

Smokers who receive a visit from a housekeeper should be aware that **passive smoking is also a form of smoking**. It is important to **make agreements with the client** if you want to avoid passive smoking. The basis for this is **mutual respect and courtesy between you and the client**. Ideally, this should be discussed as soon as possible at the start of the collaboration

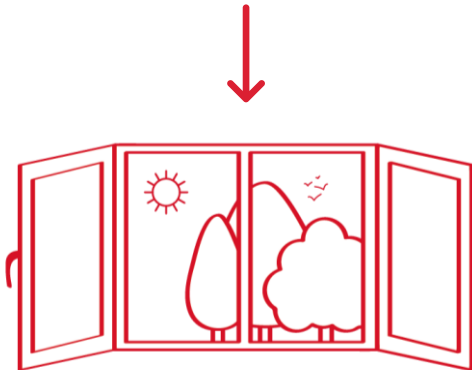


These agreements may include::

- Not smoking indoors when you are present.
- Ventilating the house before your arrival.
- Allowing ventilation of the house during your activities.
- Not smoking in the house or the rooms where you will be working at least 2 hours before the start of the service. Clearly communicate that passive smoking is harmful.

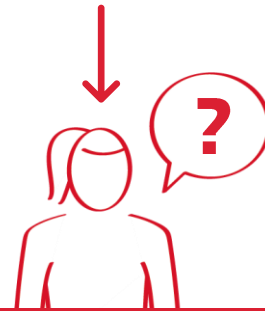
How do you, as a housekeeper, deal with smoking clients?

The client is (mostly) not home



- Open the windows and ensure ventilation.
- Leave a note and kindly request to ventilate the spaces before your arrival.
- Discuss it when you see the client and politely ask for ventilation.
- If you rarely or never see the client, inform your JobCenter. You can discuss together what actions to take.
- Wash your hands before leaving and change clothes if necessary

The client is (mostly) home



Ask not to smoke indoors when you are present

Yes, he no longer smokes in my presence.

- Thank the client for not smoking and ventilate the house.

No, he refuses and continues to smoke.

- Ask again kindly and explain that cigarette smoke is also unhealthy. Request to respect your wish not to passively smoke.
- Report this to your JobCenter. A consultant can talk to the client and make appropriate agreements with them.